

From: noreply@formstack.com
To: [McChesney, Richard J](#); [Miller, Thomas V](#); [Dorn, Celia](#)
Subject: The Florida Bar Young Lawyers Division 2020 Health & Wellness Grant Application
Date: Monday, November 02, 2020 9:58:49 AM
Attachments: [99690636_SPBA Health & Wellness 2020.pdf](#)



Formstack Submission For: **The Florida Bar Young Lawyers Division 2020 Health & Wellness Grant Application**

Submitted at 11/02/20 9:58 AM

**Name of
Affiliate
Organization:**

St. Petersburg Bar Association Young Lawyer
Section

**Individual
Contact Name:**

Alexander Lewis

Contact Email:

Alex@LCPALaw.com

**Mailing
Address
(where The
Florida Bar
should send
grant funds):**

St. Petersburg Bar Association
PO Box 172
St. Petersburg, FL 33751-0172

Event Name:

St. Petersburg Bar Association Health & Wellness
Challenge

**Estimated
Event Cost:**

500

**Estimated
Attendance:**

100

Dollar amount

**requesting
from the
Young
Lawyers
Division of The
Florida Bar:**

500

**Event(s)
Description:**

As the SPBA continues to encourage attorneys to embrace physical and mental health and wellness, the SPBA YLS will encourage all law firms to participate in a May wellness challenge that will focus on shifting the culture within the individual firms. Challenges will not only relate to individuals, but also to the firm as a whole. We encourage our firms' leadership to consider creating an environment that is supportive of the overall staffs' wellness. We will create an overall point system for various challenges and will publicize and encourage participation via email, social media, and through a flyer in the SPBA magazine. The point system will include several items (see attached) that can be completed both by larger firms and solo, small firms. All firms that participate will be encouraged (for additional points) to provide updates to both the SPBA and The Florida Bar. An award for the highest points earned will be provided to one law firm of five or more employees and one award for a firm of four or less employees. The award will be presented at the SPBA Annual Installation Ceremony held in June (or at another appropriate event should COVID-19 mitigation practices still be in place). This event is well attended and honors the leadership and those in the bar that have contributed to its success. All firms that participate, along with the winners, will be listed in the bar magazine and on bar social media.

**Will alcohol be
served at the
event?:**

No

**Will any
monies
received from**

the YLD be used to purchase alcohol, travel expenses, or attorney hours?:	No
How will the YLD funds be utilized?:	To purchase gift cars prizes valued at \$300 for large firm winners and \$200 for small firm winners.
How does your event(s) fit into the parameters of the Health and Wellness Challenge?:	The event promotes ongoing and regular measures that all firms can practice to increase health and wellness. Additionally, all employees of the firms are encouraged to participate. This not only extends the outreach of the program, but also allows firms to implement company-wide practices that benefit everyone.
Will your event(s) benefit any other groups?:	No
In which Judicial Circuit will your event(s) occur?:	Circuit 6
In which County will your event(s) occur?:	Pinellas
Will your event(s) be held via Zoom (or other online web platform), in-person, or a combination of the two?:	Zoom (or other online web platform)
Proposed date of event (must	

**be within one
year from
application
deadline):**

Jun 10, 2021

**Describe how
you will
recognize The
Florida Bar
Young
Lawyers
Division for its
support of
your event:**

Other: The Florida Bar will be listed on the marketing materials e-blasted to all members, as well as recognized at the awards presentation.

Budget:

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